

Widcombe Schools

Weekly Forest School Challenge 5



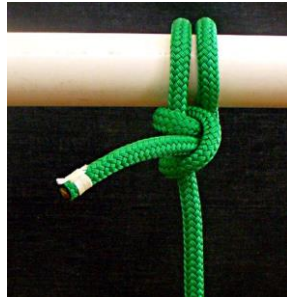
Forest School Skill

KNOTS - Lockdown is a great time to get practising some useful knots. Find some string or rope and get knotting. Challenge yourself to master just **three**. These are the most useful ones for Forest School:



The Reef Knot

The best all purpose knot.



Round Turn & Two Half Hitches

Great for dens and swings.



Square Lashing

Really useful for joining sticks and making swords or rafts.

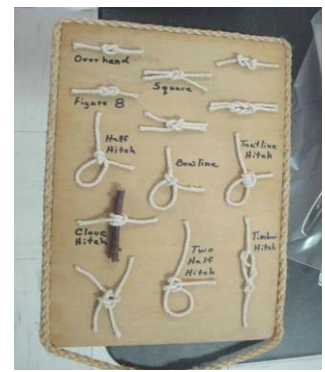
These videos will help you learn

Reef knot <https://www.youtube.com/watch?v=rR76doh0E2E> (no tying up your brother!)

Round turn and two half hitches https://www.youtube.com/watch?v=_2gZx_Lte_o

Square lash <https://www.youtube.com/watch?v=5cs5X74GwcY>

You could even make a cardboard record of all the knots that you have learnt (see below right).



For something simpler, try cardboard threading and knotting, here are some ideas to get you started.

Nature Spot

TRACKING - Winter is the perfect time for tracking. With lots of mud or snow around, it's easy to spot footprints. Here are some to look out for on a walk around Widcombe:



BADGER



FOX



DOG



CAT